



## M A S S A G E

### MILL HOUSE SIGNATURE MASSAGE

50 MINUTES / \$155

80 MINUTES / \$235

The house favorite - a customized combination of massage techniques is combined with the use of warm stones that are infused with blended oils. The ultimate in relaxation.

### ELEMIS DEEP TISSUE MASSAGE

50 MINUTES / \$140

80 MINUTES / \$199

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

### ELEMIS PEACEFUL PREGNANCY MASSAGE

50 MINUTES / \$150

80 MINUTES / \$215

Mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

### ELEMIS FRANGIPANI HOT STONE MASSAGE

50 MINUTES / \$180

80 MINUTES / \$270

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. Considered to be a deeper-than-deep tissue massage.

### HOT BAMBOO MASSAGE

50 MINUTES / \$155

80 MINUTES / \$235

An Heated bamboo and rattan tools are used to manipulate muscle and fascia through careful technique, excellent for lengthening, tight muscles, and increasing flexibility and range of motion.

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MILL HOUSE SPA  
AT THE INN AT WILLOW GROVE

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# F A C E T E C H N O L O G Y

## Anti-Aging

### ELEMIS PRO-COLLAGEN AGE DEFY

60 MINUTES / \$180

Tackle fine lines and wrinkles with the clinically proven age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

### ELEMIS PRO-DEFINITION LIFT & CONTOUR

60 MINUTES / \$199

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant stem cells found to help support the extra-cellular matrix. Creates a sculpted, youthful effect.

### ELEMIS DYNAMIC RESURFACING PRECISION PEEL

60 MINUTES / \$180

Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.

*Please inquire about lash extensions, tints and lifts!*

## Complexion

### ELEMIS Sensitive Skin Soother

50 minutes / \$155

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

### ELEMIS ANTI-BLEMISH MATTIFY AND CALM

50 MINUTES / \$145

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

### ELEMIS SUPERFOOD PRO-RADIANCE

50 MINUTES / \$155

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energizing, detoxifying actives. Clinically proven to leave skin plumper, radiant and lit up with good health.

### MEN'S ELEMIS HIGH PERFORMANCE SKIN ENERGIZER

50 MINUTES / \$145

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximizes cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, while scalp and foot massage deeply relax.

# B O D Y

### INTENSELY CLEANSING SALT SCRUB:

LIME AND GINGER OR FRANGIPANI

60 MINUTES / \$180

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

### THOUSAND FLOWER DETOX WRAP

60 MINUTES / \$180

This Nutrient-rich detox wrap uses the deeply nourishing Green Tea balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

### ELEMIS POULTICE POWERED MUSCLE RELEASE

80 MINUTES / \$270

An intoxicating experience designed to relax the mind and body through aroma therapy and deep massage. Blended Thai herbs are introduced by poultice to alleviate tired, achy muscles.

*Any combination of Mill House Spa services can be performed in our couples treatment room.*

# EXTRAS & ADD-ONS

## *Waxing*

CHIN / \$15  
EYEBROWS / \$20  
CHEEK / \$15  
LIP / \$15  
SIDEburnS / \$15  
FACE - FULL / \$50  
UNDERARMS / \$25  
BIKINI / \$35  
BIKINI - FULL / \$45  
BRAZILIAN / \$60  
ARMS - HALF / \$20  
ARMS - FULL / \$38  
LEGS - HALF / \$40  
LEGS - FULL / \$70

## *Peels*

DR GROSS UNIVERSAL PEELS  
MINI - 30 MINUTES / \$95  
FULL - 60 MINUTES / \$185

## *Lashes*

LIFT & TINT / \$150  
TINT (BROW & LASH) / \$40  
LASHES - FULL SET / \$300  
LASHES - HALF SET / \$200  
LASH FILL INS (TOUCH UPS) / \$150

## *Add-ons*

BODY SCRUB  
20 MINUTES / \$65  
DRY FOOT SCRUB  
10 MINUTES / \$20  
HAND AND/OR FOOT REFLEXOLOGY  
15 MINUTES / \$25  
MICRO FACIAL  
25 MINUTES / \$90  
THAI POULTICE  
20 MINUTES / \$50  
REFLEXOLOGY MASSAGE  
15 MINUTES / \$25  
WARM SCALP MASSAGE  
15 MINUTES / \$25

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